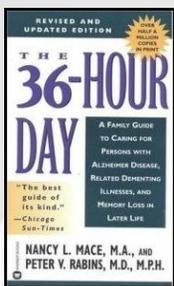


Booklovers List: Alzheimer's Caregiving



The 36-Hour Day – A Family Guide to Caring for People with Alzheimer's, Other Dementias and Memory Loss in Later Life

Nancy Mace and Peter Rabins

John Hopkins University Press (2006)

An essential guide on what to expect when caring for someone with Alzheimer's.

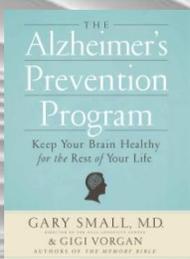


Alzheimer's – A Mother-Daughter Journey

Celia Pomerantz

CreateSpace Publishing (2011)

A beautiful memoir of a daughter learning to find happiness in her mother's dementia diagnosis – especially through the power of music and dance.

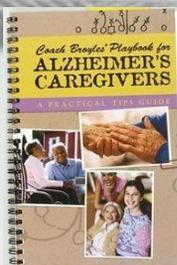


Alzheimer's Prevention Program

Dr. Gary Small with Gigi Vorgan

Workman Publishing (2011)

Foremost brain expert at the UCLA Longevity Center tells us what we can do now to help prevent the risk factors of Alzheimer's and dementia – healthy tips on nutrition, exercise, relaxation to combat stress, etc.



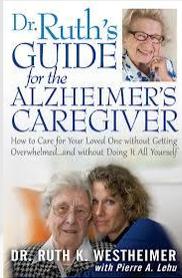
Coach Broyles' Playbook for Alzheimer's Caregivers

Frank Broyles

University of Arkansas Press (2006)

Written by the Athletic Director for the University of Arkansas Razorbacks – a spouse and family guide to dealing with Alzheimer's in your family.

Booklovers List: Alzheimer's Caregiving



Dr. Ruth's Guide for the Alzheimer's Caregiver

By Ruth K. Westheimer with Pierre A. Lehu

Quill Driver Books (2012)

A thorough look at coping with caregiving for those with dementia from America's #1 name in relationship therapy.

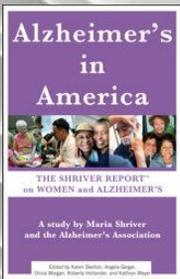


I Still Do – Loving and Living with Alzheimer's

Judith Fox

powerhouse Books (2009)

A beautiful photo book which also captures the emotional spectrum in images and words about spousal caregiving for those with dementia.



The Shriver Report – A Woman's Nation Takes on Alzheimer's

By Maria Shriver, Alzheimer's Association

Free Press (2010)

This comprehensive book sheds light on the growing epidemic of Alzheimer's in America including research, resources, personal stories, workplace, gender, diversity and the policy issues facing our nation.



The Silverado Story – A Memory Care Culture Where Love is Greater Than Fear

By Loren Shook and Steve Winner

AJC Press (2010)

Written by two men who were Alzheimer's caregivers and now run one of the most innovative memory care communities and services in America.



Still Alice

Lisa Genova

Gallery Books (2009)

The story of a Harvard professor's early on-set Alzheimer's diagnosis at age 50. You'll never look at Alzheimer's disease the same way again.