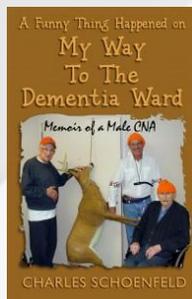


## Booklovers List: Humor for Caregivers



### **A Funny Thing Happened on My Way to the Dementia Ward**

Charles Schoenfeld

Create Space Independent Publishing (2011)

*An insider's view of a memory care facility from a certified nurse assistant who learned life lessons from the residents he cared for.*

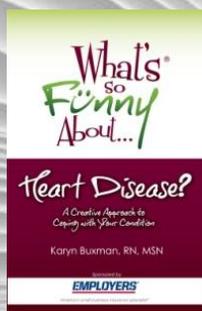


### **It's Always Something – 20<sup>th</sup> Anniversary Edition**

Gilda Radner

Simon & Schuster (1989, 2009)

*The ever chipper, witty comedian tells her story of battling ovarian cancer and the impact on her life and marriage to actor Gene Wilder.*

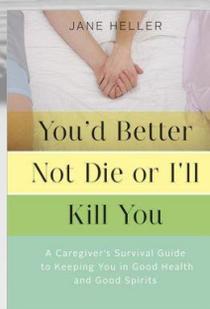


### **What's So Funny About Heart Disease?**

Karyn Buxman

What's So Funny Press (2011)

*Written by a "neuro-humorist," this nurse/author tickles our funny bone about the #1 killer of men and women.*



### **You'd Better Not Die or I'll Kill You**

Jane Heller

Chronicle Books (2012)

*Caring for an ill spouse is not easy but Heller chronicles the humorous side of caring for her husband and in the process becomes a caregiving Nora Ephron.*

## Booklovers List: Humor for Caregivers

Dr. Seuss is the man who inspired Read Across America Day – on March 2 every year we commemorate his birthday by encouraging children to read. Our Booklovers List on Humor for Caregivers commemorates Theodor Geisel (aka Dr. Seuss) who was in real-life a caregiver to his wife. Here is an adult-rated poem from our beloved children's book author about aging and caregiving.



### The Cat In The Hat On Aging

I cannot see  
I cannot pee  
I cannot chew  
I cannot screw  
Oh, my God, what can I do?  
My memory shrinks  
My hearing stinks  
No sense of smell  
I look like hell  
My mood is bad -- can you tell?  
My body's drooping  
Have trouble pooping  
The Golden Years have come at last  
The Golden Years can kiss my ass