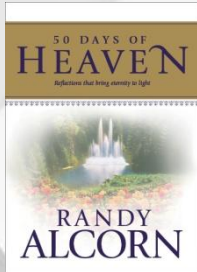


Booklovers List: Caregiving Spirituality and Inspiration

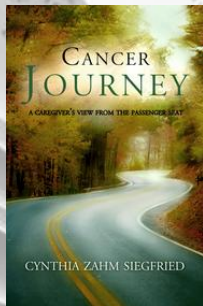


50 Days of Heaven – Reflections that Bring Eternity to Light

Randy Alcorn

Tyndale House Publishers (2006)

A 50-day program for readers to understand what heaven offers derived from biblical facts.

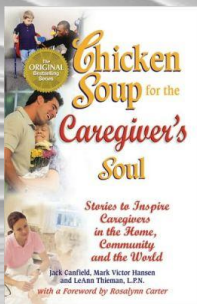


Cancer Journey: A Caregiver's View from the Passenger's Seat

By Cynthia Zahm Siegfried

CZS Books (2010)

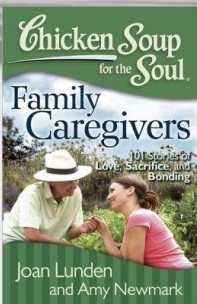
A wife's memoir of caring for a husband through cancer and the spiritual guideposts that help the "passenger" cope.



Chicken Soup for the Caregiver's Soul

Jack Canfield, Mark Victor Hansen, LeAnn Thieman
Health Communications, Inc. (2004)

The first caregiving book in the Chicken Soup for the Soul series—inspiring stories of caregiving.



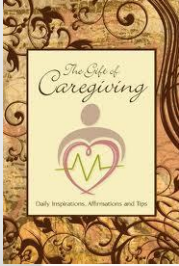
Chicken Soup for the Soul – Family Caregivers

By Joan Lunden and Amy Newmark

Chicken Soup for the Soul Publishing (2012)

With an introduction and some stories written by former Good Morning America host, Lunden gives us 101 stories to inspire caregivers from those who have lived through it.

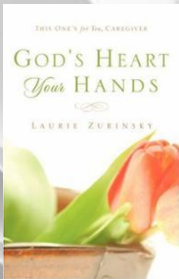
Booklovers List: Caregiving Spirituality and Inspiration



The Gift of Caregiving – Daily Inspirations, Affirmations and Tips

Rebecca Sharp Colmer
Eklektika Press (2011)

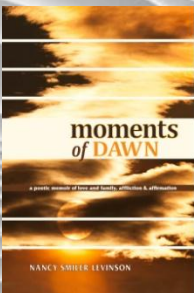
Called “a ray of sunshine” this book offers daily messages to make the caregiver’s journey more fulfilling and calming.



God’s Heart – Your Hands: This One’s for You Caregiver

Laurie Zarinsky
Xulon Press(2004)

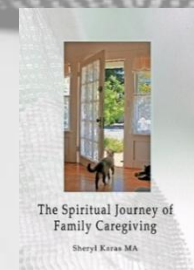
Through personal stories, the book offers comfort to caregivers, especially those caring for someone who is disabled.



Moments of Dawn – A Poetic Memoir of Love and Family, Affliction and Affirmation

By Nancy Smiler Levinson
Amazon Digital Services (2012)

“Nancy’s poetry is like a wonderful piece of music which has the power to transport us on her emotional journey of caring for a husband with Alzheimer’s disease as well as the author’s own journey through battling breast cancer. There are high notes, low notes; notes of anguish, anger, denial, desperation and ultimately a wonderful ending crescendo of empowerment, enlightenment and especially love that becomes every caregiver’s universal song.”



The Spiritual Journey of Family Caregiving

By Sheryl Karas
Healing Communications Press (2008)

Based on her newsletter for spiritual guidance as the family caregiving counselor for the Alzheimer’s Association in San Diego, CA, Sheryl provides hope and enlightenment for caregivers, especially those caring for someone with dementia.