



**Lifecare Caregivers Network Webinars – 2015 Topics**  
**Created and Presented by: Sherri Snelling, CEO of the Caregiving Club**

**All dates are Wednesdays**  
**All start times are 1pm ET/10am PT**

Month	2015 Topic	Date
January	The 12 Most Important Things Every Caregiver Should Know to Prepare to Care (a year of caregiving tips)	January 21
February	Caring for a Loved One with Dementia	February 18
March	Giving Up the Keys – The Three Gears of Senior Driving and Retirement	March 18
April	Sandwich Generation Stressbuster Tips (National Stress Prevention Month)	April 22
May	Moms and Dads – Is There a Difference in How to Care for Them in Old Age? (National Older Americans Month)	May 13
June	Caregiving’s Dark Side – Protecting Your Loved One from Elder Abuse (National Elder Abuse Month)	June 17
July	Caregiving 911 – Preparing for Natural Disasters When Caring for an Older Loved One	July 22
August	You’ve Got a Friend – Your Best Resources When Caring for an Older Loved One (National Friendship Day)	August 19
September	Home Remodification – Preventing Falls and Other Accidents in Your Parent’s Home (National Falls Prevention Day)	September 16
October	Care Transitions – From Hospital to Home to Hospice – Everything You Need to Know	October 21
November	Caregiving Technology – Gadgets to Help Communication, Medication Safety and Isolation	November 18
December	A Long Distance Caregiver’s Holiday Survival Guide	December 16

*To join the Caregivers Network Webinars, check with your employer’s HR Department on whether you have LifeCare benefits or visit: [Lifecare.com](http://Lifecare.com).*